Weekly Re-Lay™

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***RE**viewing the previous week & **LAY**ing the groundwork for the week ahead*

System Trade Updates Taken from Corresponding Issues of Weekly Re-Lay…

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08/18/07 SYSTEM TRADE(S) UPDATE: Stock indices did give a blow-off decline & tested 12,500/DJIA before rebounding. Bonds & Notes are poised to see a drop in the coming week. Traders should have exited TYU 107 puts w/avg. losses of about $100/option and have entered USU 109 puts. The Dollar rallied to intermediate resistance & could now see a final drop. The Euro is poised for a bounce while the Yen could consolidate. Traders should have entered JYU put options & be holding them w/avg. open losses of about $200/option. Gold & Silver did turn lower and could see another round of selling in the coming weeks. Traders should have entered GCZ 640 put options and be holding these w/avg. open gains of about $650/option. Soybeans confirmed analysis for a new wave down and could drop to 775.0/SX. Traders should have entered SX 800 put options and be holding these w/avg. open gains of about $800/option. Crude could see a bounce in the coming week, along with Natural Gas. Traders should be holding long Sept. Natural Gas futures positions w/avg. open gains of about $600/ contract. Traders should be entering Wheat put options and Cotton call options..

08/11/07 SYSTEM TRADE(S) UPDATE: Stock indices continue to validate their mid-July cycle high and to corroborate analysis for a sharp drop into October. A bounce into mid-week could pave the way for the next leg down. Bonds & Notes remain on track for a rally into September, but are expected to correct in the coming week. Traders should have entered TYU 107 put options and be holding these w/avg. small gains. The Dollar remains on track for a decline into September 2007 but is poised for another bounce before then. The Euro & Yen could see corresponding declines, with the Yen capable of entering a new wave down. Traders should have entered & exited Euro calls w/break-even results. Gold & Silver are struggling and could turn lower at any time between now and late-August. Soybeans remain in congestion and could see a new wave down. Crude reinforced its July cycle high and could consolidate into mid-September. Traders should be holding long Sept. Natural Gas futures positions w/avg. open gains of about $450/contract. Cotton is poised to enter a new advance while Sugar could set a low in the coming week. Cattle & Hogs are mixed.

08/04/07 SYSTEM TRADE(S) UPDATE: Stock indices continue to validate their mid-July cycle high and to corroborate analysis for a sharp drop into October. However, this decline should be volatile and see some equally sharp rebounds. One of those *could* occur leading into mid-month. Monday's close should clarify. Bonds & Notes moved higher, with Notes reversing their weekly trend to up. This reinforces the case for a rally into September. The Dollar remains on track for a decline to new 40+-year lows leading into September 2007 and could have set an intervening top, right on schedule. The Euro set a corresponding low. Both currencies, however, need to validate these reversals in the coming days. Gold & Silver are poised for a rebound into late-August. Soybeans are at a decisive level for the intermediate trend. Crude fulfilled projections for a retest of its July 2006 peak and could see some consolidation before a new surge is expected. Traders should be holding long Sept. Natural Gas futures positions. Cotton is poised to enter a new advance while Sugar could be setting a 2-4 week top. Cattle & Hogs remain bullish. *www.insiidetrack.com*

07/28/07 <u>SYSTEM</u> <u>TRADE(S)</u> <u>UPDATE</u>: Stock Indices reversed lower, initially validating their mid-July cycle convergence. Similar to 1990 (the 17-year cycle at work again), a July peak could give way to a sharp drop into October. In 1990, this drop was the 2nd largest of the preceding decade. Bonds & Notes moved higher, strengthening the case for a rally into September. The Dollar remains on track for a decline to new 40+-year lows leading into September 2007, but is also rebounding right on schedule. The Euro & Yen are poised for some additional/new selling in the coming week. Gold & Silver topped perfectly during their July 23--27th cycle high. Soybeans are at a decisive level for the intermediate trend, while Corn remains targeted for a drop into August 6-10th. Wheat is retesting its major high. Crude remains on track for a retest of its July 2006 peak and could spike up to 80.80/CLU. Traders should have bought Sept. Natural Gas down to 6.150 and be holding these longs. The next 1-2 months are expected to be a very volatile time, with multiple surprises in/around the markets.

07/21/07 <u>SYSTEM</u> <u>TRADE(S)</u> <u>UPDATE</u>: Stock Indices have rallied into weekly cycles but could still see another spike high in the coming week. Similar to 1990 (the 17-year cycle at work again), a July peak could give way to a drop into October. Bonds & Notes moved higher and closed above their recent peaks. This could spur additional upside. The Dollar remains on track for a decline to new 40+-year lows leading into September 2007. The Euro & Yen are bullish but could still see intervening pullbacks - with the Dollar bouncing - into month-end. Gold & Silver continued to rally into their July 23--27th cycle. Another advance is now possible in August. Traders should have entered & exited Silver puts w/avg. losses of about $200/option. Soybeans are in the midst of the anticipated pullback into July 23/24th, but the daily trend is critical. Corn is showing that it could extend this drop into early-August, while Wheat has the potential to turn the short-term trend down. Crude rallied to new highs and could see a retest of its July 2006 peak. Traders should be entering Natural Gas longs & should have entered and exited Cattle long positions w/avg. losses of about $150/contract. *www.insiidetrack.com*

07/14/07 <u>SYSTEM</u> <u>TRADE(S)</u> <u>UPDATE</u>: Stock Indices have fulfilled their potential to extend this rally into July 13/16th, when cycles converge (primarily) in the Nasdaq 100. Similar to 1990 (the 17-year cycle at work again), a July peak could give way to a drop into October. Bonds & Notes traded sideways to higher this past week but maintain the potential for a drop to retest their multi-year lows. The Dollar has fulfilled projections for a drop to new 10+-year lows and is still on track for a decline to new 40+-year lows leading into September 2007. The Euro & Yen *could* see intervening pullbacks with the Dollar bouncing... into month-end. Gold & Silver have bounced into mid-month and are testing critical, intermediate resistance zones. Soybeans remain on track for a continued advance into late-August. An intervening pullback into July 23/24th is possible. Corn & Wheat are at opposite extremes. Crude & the Energy complex completed expected rallies into July 11--13th, though Crude could spike higher into as late as the 18th. Cotton remains on track for a surge back to 80.00/CT or higher into 2008. Cattle & Hogs are consolidating.

07/07/07 <u>SYSTEM</u> <u>TRADE(S)</u> <u>UPDATE</u>: Stock Indices turned back up and are likely to extend this rally into July 13/16th, when cycles converge in the Nasdaq 100. Similar to 1990 (the 17-year cycle at work again), a July peak could give way to a drop into October. Bonds & Notes turned back down - in line with daily <u>*Cycle Progressions*</u> - and are now at a decisive point. A spike low and reversal higher could give way to quick rallies to 110-00/USU & 107-00/TYU. The Dollar remains on track for a decline to new multi-year (or multi-decade) lows leading into September 2007. The Yen could set an important low in the coming week(s) and potentially rebound into year-end. Gold & Silver have entered an intervening bounce - that has the potential to extend into July 23--27th. Soybeans reinforced their June 22/25th cycle low and should move higher into late-August. Corn & Wheat are at opposite extremes. Crude & the Energy complex are expected to move higher into July 11--13th, when multi-month tops are possible. Cotton is reniforcing the early stages of a major bull market. Traders should have exited long Coffee futures positions w/avg. losses of about $1,600/contract.

System Trade Updates from Weekly Re-Lay (Page 2)…

06/30/07 SYSTEM TRADE(S) UPDATE: Stock Indices closed lower on the month but have not yet confirmed a top. The weekly trend in the S+P could be the first indicator to do so. Bonds & Notes turned their daily trends and rallied into month-end. More work is needed before an intermediate low will be signaled. The Dollar dropped further, strengthening the argument for a new, decisive wave down this summer. This decline, if triggered, could/should carry the Dollar lower into the first half of September 2007. The Yen bounced but did not signal a reversal higher, so another spike low could be seen. Gold & Silver did drop to new lows with Silver reversing its weekly trend to down. A secondary high - after an intervening bounce - is expected on July 23--27th. Soybeans reversed sharply higher from their June 22/25th cycle low. Corn continued to drop while Wheat is fulfilling analysis for a top by late-June. Crude & the Energy complex are expected to move higher into the second week of July. Traders should be long Coffee futures from near current levels.

06/23/07 SYSTEM TRADE(S) UPDATE: Stock Indices set a secondary top on June 18--20th and are poised to drop into month-end. The weekly trend in the S+P identifies the coming week as decisive. Bonds & Notes neutralized their daily downtrends but have not yet turned them up. A June 2007 low is still expected, but is not yet confirmed. The Dollar drifted lower - while the Euro moved higher - but neither has yet confirmed a reversal. If/when it is signaled, the Dollar could enter a new decline that would carry into the first half of September 2007. The Yen is still negative but could see a low - if not already intact - by month-end. Gold & Silver bounced but could not confirm a low. This leaves open the possibility for a drop to new lows in the coming week. Soybeans & Corn corrected sharply, with Soybeans dropping right into their June 22/25th cycle low. Wheat fulfilled analysis for a surge into mid-to-late-June and could see some consolidation. Crude & the Energy complex could see new spike *highs* in the coming week (except for Natural Gas, which could see a spike *low*). Traders should be buying Coffee futures at current levels.

06/16/07 SYSTEM TRADE(S) UPDATE: Stock Indices rebounded after short-term cycles bottomed. Consolidation is in effect & could create a new spike high and weekly reversal lower. Traders should have sold & then covered e-mini S+P futures w/avg. losses of about $900/contract. Bonds & Notes spiked to new multi-year lows and then rallied. A June 2007 low is still expected and may have just taken hold. The Dollar spiked to new highs and then pulled back while the Euro spiked to new highs and then (initially) reversed lower. If a reversal is confirmed, the Dollar could decline - and the Euro advance - into the first half of September 2007. Traders should have exited Yen call options w/avg. losses of about $250/option. Gold & Silver reversed higher from key support levels. A bounce into June 22nd is possible. Soybeans, Corn & Wheat rallied to new highs - on different levels - and remain strong. Crude & the Energy complex could see new spike highs in the coming week. Traders should have realized avg. losses of about $250/option in CTN call options and be selling Coffee futures at current levels. *www.insiidetrack.com*

06/09/07 SYSTEM TRADE(S) UPDATE: Stock Indices triggered an initial reversal lower and then bounced. A second drop could be seen into mid-month. Bonds & Notes continued to drop and have set new intra-year lows. A June 2007 low is still expected. Traders should have exited remaining short 10-Year Note futures positions w/avg. gains of about $2,700/contract. The Dollar is spiking to new highs but could still reverse lower in the coming week. Traders should have exited Dollar short positions w/avg. losses of about $250/contract and Euro call option positions w/avg. losses of $150--$250/option. Yen call options remain in place. Gold & Silver reversed lower from near-term resistance levels and are showing more signs of vulnerability. A quick drop could be seen before a rebound into July. Soybeans, Corn & Wheat are hesitating and could diverge in the coming weeks. Crude & Heating Oil spiked higher and then reversed lower. Traders should be holding CTN calls w/avg. open losses of about $250/option and have exited Cattle long positions w/avg. losses of $850/contract, Hog short positions w/avg. losses of $250/contract & Sugar long positions w/avg. losses of $400/contract.

06/02/07 SYSTEM TRADE(S) UPDATE: Stock Indices did not follow the lead of the NQM, after it generated a weekly *Double-Key Reversal* lower on May 25th. Traders should have exited short NQM futures w/avg. losses of about $1,500/contract. Bonds & Notes continued to drop and have set new intra-year lows. Traders should have exited ½ of short 10-Year Note futures positions w/avg. gains of about $1,800/contract and be holding the other ½ w/avg. open gains of about $2,250/contract. The Dollar is still poised for a reversal lower at any time. Traders should be entering new Dollar short positions and Euro call option positions. Gold & Silver reversed higher from critical support levels. This could trigger a rally into July. Soybeans, Corn & Wheat are showing more signs of strength. Energy contracts could also see a new rally into July. Traders should be holding CTN calls w/avg. open losses of about $200/option, Cattle long positions w/avg. open losses of $450/contract, Hog short positions w/avg. open losses of $225/contract & Sugar long positions w/avg. open gains of $300/contract.

05/26/07 SYSTEM TRADE(S) UPDATE: Stock Indices have given the first weekly reversal signals in many weeks, with the NQM creating a weekly *Double-Key Reversal* lower. Traders should be short NQM futures and holding w/avg. open losses of about $550/contract. Bonds & Notes dropped further but could reverse up at any time. Traders should be holding short 10-Year Note futures positions w/avg. open gains of about $1,550/ contract. The Dollar fulfilled intermediate analysis and could see a reversal lower at any time. Traders should have exited JYM put options w/avg. gains of about $1,050/option. New Dollar short futures & Euro call option positions are being entered. Gold & Silver are just above critical support levels. Soybeans, Corn & Wheat are mixed, with all three showing some signs of strength. Traders should have entered & exited Soybean puts w/avg. losses of about $100/option. Energy contracts are mixed after fulfilling projected rallies into May 18/21st. A new advance could be seen. Traders should have exited long Natural Gas futures positions w/avg. gains of about $100/ contract. Traders should be holding CTN calls w/avg. open losses of about $200/option, Cattle long positions w/avg. open losses of $250/contract, Hog short positions w/avg. open gains of $450/contract & Sugar long positions w/avg. open gains of $500/contract.

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System Trade Updates from Weekly Re-Lay (Page 3)…

05/19/07 SYSTEM TRADE(S) UPDATE: Stock Indices remain strong with the DJIA in a parabolic rally. Traders should be short NQM futures and holding w/avg. open losses of about $800/contract. Bonds & Notes reinforced signs for a drop into June. Traders should be out of TYM call options w/avg. losses of about $300/option but holding short futures positions w/avg. open gains of about $1,150/contract. The Dollar fulfilled intermediate analysis and could see a top in the coming week. Traders should be holding JYM put options w/avg. open gains of about $800/option. Gold & Silver dropped farther but may have set 2-3 month lows. Traders should have exited July Silver 1500.0 call options w/avg. losses of about $400/contract. Soybeans, Corn & Wheat are mixed, with all three poised for a decline into month-end. Energy contracts fulfilled potential for rallies into May 18/21st. Traders should be holding long Natural Gas futures positions w/avg. open gains of about $500/contract. Traders should be holding CTN calls w/avg. open losses of about $200/option & have exited short Cattle futures positions w/avg. open gains of $600/contract.

05/12/07 SYSTEM TRADE(S) UPDATE: Stock Indices consolidated with the DJIA trading just below critical resistance (13,397). Traders should be short NQM futures and holding w/avg. open losses of about $800/contract. Bonds & Notes reversed lower & could be signaling a drop into June. Traders should be holding TYM call options near break-even and also holding new short futures positions w/avg. open gains of about $250/contract. The Dollar could see more gains - and the Euro & Yen more losses - in the coming week. Traders should be holding JYM put options w/avg. open gains of about $300/option. Gold & Silver dropped farther than expected… but could still see another 1-2 month surge. Traders should be holding July Silver 1500.0 call options but have entered & exited long Gold futures w/avg. losses of about $1,200/ contract. Soybeans, Corn & Wheat are mixed. Traders should have entered & exited Wheat call options w/avg. losses of about $150/ option & Corn futures w/avg. losses of about $1,200/contract. Traders should be holding long Natural Gas futures positions w/avg. open gains of about $300/contract, CTN calls w/avg. open losses of about $200/option & short Cattle futures positions w/avg. open gains of $800/contract.

05/05/07 SYSTEM TRADE(S) UPDATE: Stock Indices rallied but the DJIA is right at critical resistance. Traders should be short NQM futures and holding w/avg. open losses of about $800/ contract. Bonds & Notes reversed with outside-week/*2 Close Reversals* higher. Traders should be holding TYM call options w/avg. open gains of about $150/option. The Dollar & Euro have initially reversed. The Yen continues lower. Traders should be holding JYM put options w/avg. open gains of about $375/option. Gold & Silver spiked to support and reversed higher. Traders should have entered July Silver 1500.0 call options. Soybeans, Corn & Wheat could head higher. Traders should have exited Soybean puts w/avg. gains of about $100/option. Oil markets are mixed. Traders should have exited CLM calls w/avg. losses of about $250/option & be long Natural Gas futures w/avg. open gains of about $300/contract …as well as holding CTN calls w/avg. open losses of about $200/option & short Cattle futures w/avg. open gains of $1,300/contract.

04/28/07 SYSTEM TRADE(S) UPDATE: Stock Indices surged into a powerful convergence of monthly & weekly cycles (April 16--27th) and could reverse lower in the coming week. Traders should be short the NQM futures and holding w/avg. open losses of about $800/contract. Bonds & Notes pulled back. Traders should be holding TYM call options near break-even. The Dollar & Euro are testing multi-year extremes and could be reversing. Traders should have bought JYM put options and be holding w/avg. open gains of about $275/option. Gold & Silver pulled back a little farther but could see a new rally. Traders should have entered & exited long Silver futures w/avg. losses of about $1,200/contract. Soybeans, Corn & Wheat are mixed. Traders should be holding Soybean puts w/avg. open gains of about $400/ option. Oil markets resumed their advances. Traders should be holding CLM calls w/avg. open gains of about $100/option… & holding CTN calls w/avg. open losses of about $200/option and short Cattle futures w/avg. open gains of $900/contract. *www.insiidetrack.com*

<u>04/21/07</u> <u>SYSTEM</u> <u>TRADE(S)</u> <u>UPDATE</u>: Stock Indices are in a powerful convergence of weekly cycles (April 16--20th or 23--27th). A new top is likely. Traders should be selling the NQM futures. Bonds & Notes are reversing higher. Traders should have bought TYM call options and be holding w/avg. open gains of about $200/option. The Dollar & Euro are poised to test multi-year extremes and could reverse in the coming week. Gold & Silver are capable of extending their advance into May 4/7th. Soybeans, Corn & Wheat are giving mixed signs. Traders should be holding Soybean puts w/avg. open gains of about $500/ option. Oil markets dropped more than expected but could resume their advances in the coming week. Traders should have exited Natural Gas long positions w/avg. losses of about $250/ contract. Aggressive traders also realized losses of $250/option in Crude calls while 1-4 week traders should be entering Crude calls. Traders should be holding CTN calls and in short Cattle positions w/avg. open gains of $1,250/contract.

<u>04/14/07</u> <u>SYSTEM</u> <u>TRADE(S)</u> <u>UPDATE</u>: Stock Indices are entering a powerful convergence of weekly cycles (April 16--20th or 23--27th). A secondary top is likely. Bonds & Notes are poised for a low. The Dollar & Euro have extended their intermediate trends and could continue in the same directions into April 20/23rd. Gold & Silver are expected to rally into April 23rd. Soybeans, Corn & Wheat are giving mixed signs with Soybeans poised for additional declines. Traders should have exited Wheat put options w/avg. open gains of about $100/option but should be holding Soybean puts w/avg. open gains of about $250/ option. Oil markets are signaling an advance into April 20/23rd. Traders should be long Natural Gas futures w/avg. open gains of about $200/contract & holding July Cotton call options. May options expired w/avg. losses of $150--$200/option. Traders should have covered Hog short positions w/avg. losses of $500/contract and be holding Cattle short positions w/avg. open gains of $1,100/ contract. ***April 19th*** remains in focus.

<u>04/07/07</u> <u>SYSTEM</u> <u>TRADE(S)</u> <u>UPDATE</u>: Stock Indices have shown that they are more likely to rally into April 16--20th or 23--27th before seeing a new decline. Bonds & Notes neutralized their weekly uptrends, showing this correction is larger than expected. Traders should have exited TY call options w/avg. losses of $125--$200/option. The Dollar & Euro maintain the potential for 2-3 month or longer reversals. Traders should have exited ECK 1.3200 put options w/avg. losses of about $200/option. Gold & Silver are poised to see additional gains. Traders should have exited Gold put options w/avg. losses of $275/ option. Soybeans, Corn & Wheat rebounded. Traders should be holding Wheat put options w/avg. open gains of about $500/option and be entering Soybean puts. Oil markets could pull back into mid-April (except Natural Gas). Traders should be holding May & July Cotton call options and be short Cattle & Hog futures.

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