



*RE*viewing the previous week & *LAY*ing the groundwork for the week ahead

**System Trade Updates Taken from Corresponding Issues of Weekly Re-Lay...**

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**01/12/08 SYSTEM TRADE(S) UPDATE:** Stock indices dropped into daily cycles on Jan. 11<sup>th</sup> and could see some additional selling into mid-month. Bonds & Notes remain strong but could see a top in the coming days. The Dollar rallied a little further but then experienced a setback. The Yen could top in the coming week. Traders should have exited Dollar long futures positions w/avg. gains of about \$350/contract and exited Euro put options w/avg. losses of about \$225/option. Gold & Silver surged further and could extend these rallies into

late-January. However, both metals tested important 3-6 month upside objectives. Traders should have exited remaining long positions in Gold futures w/avg. gains of about \$7,250/contract and exited short positions in March Silver w/avg. losses of about \$1,975/contract. Soybeans & Corn remain strong while Wheat could be topping. Traders should have entered & exited Soybean put options w/avg. losses of about \$200/option and be entering Wheat put options. Energy markets are signaling a top. [www.insidetrack.com](http://www.insidetrack.com)

**01/05/08 SYSTEM TRADE(S) UPDATE:** Stock indices clarified the near-term outlook and are poised to drop into Jan. 11<sup>th</sup>. Bonds & Notes fulfilled analysis for a rally into Jan. 3/4<sup>th</sup> and could see a pullback in the coming week. Traders should have exited 10-Year Note call options w/avg. overall gains of about \$1,000/option. The Dollar pulled back - in what could be a 'b' wave retracement - while the Euro & Yen rallied. Traders should be entering Dollar Index long futures positions (and holding them w/avg. open gains of about

\$250/contract) and entering Euro put options. Gold & Silver did see a surge to start 2008. Traders should be holding ½ of long positions in Gold futures w/avg. open gains of about \$6,450/contract (first ½ exited w/avg. gains of about \$4,250/contract) and be entering short positions in March Silver. Soybeans, Corn & Wheat remained strong but need to confirm. Energy markets could stretch their gains into January 11<sup>th</sup>. Traders should have exited long positions in Sugar w/avg. gains of about \$900/contract.

**12/29/07 SYSTEM TRADE(S) UPDATE:** Stock indices are in consolidation and have slightly increased the potential for a rally into Jan. 11<sup>th</sup>. Monday's action should clarify. Bonds & Notes did see another brief spike low and did reverse higher. A rally into Jan. 3/4<sup>th</sup> is expected. Traders should have entered Note call options and be holding these w/avg. open gains of about \$300/option. The Dollar is poised to retest its lows while the Euro retests its highs. The Yen rebounded but needs confirmation. Gold & Silver did see a rally into year-end.

Traders should have exited ½ of long positions in Gold futures near Friday's high w/avg. gains of about \$4,250/contract. The other ½ should still be intact w/avg. open gains of about \$4,150/contract. Soybeans, Corn & Wheat are diverging but could all see selling in January. Energy markets rallied into year-end and could set a top at any time. Traders should have exited long positions in Lumber w/avg. losses of about \$1,100/contract and be holding long positions in Sugar w/avg. open gains of about \$1,150/contract.

**12/22/07 SYSTEM TRADE(S) UPDATE:** Stock indices initially validated their Dec. 11<sup>th</sup> high but need further confirmation to prevent a rally into mid-January. Bonds

& Notes could see another brief spike low but are still expected to set an intermediate low in the second half of December. The Dollar is trading by monthly resistance

and could see a reversal lower in the coming week. The Yen is approaching key support. Gold & Silver are in consolidation but could see a rally into year-end. Traders should have entered long positions in Gold futures and be holding these w/avg. open gains of about \$1,400/contract. Soybeans, Corn & Wheat remain on track for a rally into December 28/31<sup>st</sup>. Energy markets

still need to reverse their daily trends up to confirm new strength. Traders should have exited short positions in Live Cattle w/avg. gains of about \$375/contract and exited long positions in Lean Hogs w/avg. losses of about \$650/ contract. Traders should be entering long positions in Lumber and holding longs in Sugar w/avg. open gains of about \$1,250/contract.

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**12/15/07 SYSTEM TRADE(S) UPDATE:** Stock indices set a top precisely on Dec. 11<sup>th</sup> and initially reversed lower. However, they need to confirm this reversal quickly or risk another rally into mid-January. Bonds & Notes continue to validate expectations for a decline into the second half of December. The Dollar rallied to monthly resistance while the Euro & Yen dropped toward monthly support. Traders should have entered & exited Euro call options w/avg. losses of about \$200/ option. Gold & Silver are in consolidation, providing mixed signals. Soybeans, Corn & Wheat continue to rally & could surge

into late-December. Traders should have exited March Soybean puts w/avg. losses of about \$350/option. Energy markets surged, but need to reverse their daily trends up in order to signal new strength. Traders should have sold February Live Cattle and be holding new short positions w/avg. open gains of about \$850/contract and also entered longs in Sugar that are being held w/avg. open gains of about \$500/contract. New longs are also being entered in Lean Hogs.

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**12/08/07 SYSTEM TRADE(S) UPDATE:** Stock indices have fulfilled most of the upside expectations and are expected to set a top around Dec. 11<sup>th</sup>. Bonds & Notes have signaled a top and are expected to decline into the second half of December. The Dollar rebounded while the Euro & Yen fell further, setting up the coming week as a potential reversal week. Gold & Silver have been unable to provide additional downside and are showing signs of building a new base. Soybeans, Corn & Wheat

rallied further with Wheat turning its weekly trend back up. Traders should be holding March Soybean puts. Energy markets are also entering a decisive week, in which a reversal higher could be seen. Traders should have exited Coffee short positions w/avg. losses of about \$600/ contract and exited short positions in February Live Cattle w/avg. gains of about \$850/contract. New trades in Cattle, Hogs, Sugar & the Euro are set up for the coming week. [www.insidetrack.com](http://www.insidetrack.com)

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**12/01/07 SYSTEM TRADE(S) UPDATE:** Stock indices fulfilled their potential for a sharp rebound in late-Nov. and could see another advance into Dec. 10/11<sup>th</sup>. Bonds & Notes did stretch their advance another day and have since consolidated. However, they have not yet signaled a top. The Dollar rebounded while the Euro & Yen fell, validating daily and weekly cycles. Gold & Silver reversed lower and appear to be in a 'c' wave correction w/more downside expected. Soybeans, Corn & Wheat

are all poised for some downside in the coming 1-2 weeks. Traders should be holding March Soybean puts. Energy markets sold off after Crude retested - and held - its major upside objectives. Traders should be entering Coffee short positions & have exited Sugar long positions w/avg. losses of about \$300/contract. Traders should have also entered new short positions in February Live Cattle and be holding these w/avg. open gains of about \$1,250/contract.

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## **System Trade Updates from Weekly Re-Lay (Page 2)...**

**11/24/07 SYSTEM TRADE(S) UPDATE:** Stock indices provided additional signs of culmination to their initial decline and maintain the potential for a rebound into early-Dec. Traders should have entered & exited long S+P futures w/avg. losses of about \$1,150/contract. Bonds & Notes fulfilled analysis for another rally into Nov. 20/21<sup>st</sup> and could stretch this another 1-2 days. Traders should have entered & exited Bond puts w/avg. losses of about \$100/option. The Dollar spiked to new lows but did not close below previous lows. Traders should have exited Dollar long positions w/avg. losses of about \$600/contract. Gold & Silver are trying to confirm a

top. Soybeans, Corn & Wheat are rallying but could top soon. Traders should have realized avg. losses of \$350/option in Dec. Wheat put options and be holding March Soybean puts. Energy markets rallied to new highs. Natural Gas pulled back. Traders should have entered & exited long positions w/avg. losses of about \$2,950/contract. Traders should be entering Coffee short positions & holding Sugar longs. The past week saw some rough trading that comes along occasionally. However, most of those trades did not alter the intermediate outlooks.

**11/17/07 SYSTEM TRADE(S) UPDATE:** Stock indices did see two quick drops and provided additional signs of culmination (to this initial decline). As a result, a quick rally is possible. Bonds & Notes are fulfilling analysis for another rally into Nov. 20/21<sup>st</sup>... and could see a subsequent drop into late-December. The Dollar is rebounding from monthly support but needs to rally further in order to confirm this. The Euro reached its upside target but has not confirmed a peak. The Yen remains on track for a rally into early-December. Traders should be entering Dollar long positions. Gold &

Silver are trying to confirm a top. Soybeans & Corn are showing strength while Wheat corrects. Traders should be holding Dec. Wheat put options w/avg. open losses of \$300/option and holding March Soybean puts. Energy markets fulfilled expectations for a surge into Nov. 5--9<sup>th</sup> and initially reversed lower. An intermediate top, however, has not yet been signaled. Natural Gas could be on the verge of a new advance. Cotton is fulfilling downside projections while Coffee is poised for a new drop. Traders should be holding/averaging into long Sugar futures.

**11/10/07 SYSTEM TRADE(S) UPDATE:** Stock indices reinforced developing weakness and could see another drop into November 20--22<sup>nd</sup>. Bonds & Notes fulfilled analysis for a surge into Nov. 8/9<sup>th</sup> but are still capable of seeing another rally into Nov. 20/21<sup>st</sup>. The Dollar spiked down to monthly support and is entering a week that joins multiple, long-term cycles. The Euro finally exceeded its all-time high & could set a peak in the coming week. The Yen remains on track for a rally into early-December. Gold & Silver surged to new multi-year highs, leading into decisive cycles on Nov. 9/12<sup>th</sup>. Soybeans & Corn are showing new strength while Wheat corrects. Traders

should be holding Dec. Wheat put options w/avg. open losses of \$300/option and have exited Jan. Soybean puts w/avg. losses of about \$200/option. March Soybean puts were entered. Energy markets have fulfilled expectations for a surge into Nov. 5--9<sup>th</sup> and/or 12/13<sup>th</sup>...and could reverse lower in the coming week. Traders should have exited Cattle short positions w/avg. overall gains of \$2,075/contract & exited LCZ puts w/avg. overall gains of \$150/option. Traders should be holding long Sugar futures and have realized avg. losses of \$200/option in Cotton calls and \$200/option in Cotton puts.

**11/03/07 SYSTEM TRADE(S) UPDATE:** Stock indices are consolidating between their Oct. 11<sup>th</sup> highs & Oct. 22<sup>nd</sup> lows. A close beyond this range will signal a new trend. Bonds & Notes did advance into early-November and are likely to extend these rallies another 1-3 weeks. The Dollar is slowing its descent but has not signaled a low. The Euro is approaching its all-time high while the Yen is beginning to rally from a higher plateau. Gold & Silver are fulfilling upside targets, with Gold already reaching 802/GCZ & Silver on track to test 1500/ SIZ. Traders should have exited Silver put options w/avg. losses of about \$200/option. Soybeans, Corn & Wheat are

consolidating. Traders should be holding Dec. Wheat put options w/avg. open losses of \$300/option and Jan. Soybean puts w/avg. open losses of about \$150/option. Energy markets remain strong but are expected to top soon. Traders should be short a ½-sized position in Cattle futures w/avg. open gains of \$2,200/contract & a ½-sized position in LCZ puts w/avg. open gains of \$200/option. The other ½ should have been exited w/avg. gains of \$2,400/contract & \$325/option. Traders should have entered Cotton puts & calls and long Sugar futures.

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**10/27/07 SYSTEM TRADE(S) UPDATE:** Stock indices held support and are rebounding. A rally into mid-November is possible. Bonds & Notes rallied to new highs & could advance into early-November. The Dollar is testing support and could/ should set a low in the coming days. The Euro is approaching its all-time high while the Yen is building a higher base & could rally into December. Traders should have entered & exited Euro put options w/avg. losses of about \$100/option. Gold & Silver came back in line with each other and are on track for surges above 800/GCZ & 1500/SIZ. Traders should have

entered Silver put options and be holding w/avg. open losses of about \$150/option. Soybeans, Corn & Wheat are consolidating. Traders should be holding Dec. Wheat put options w/avg. open losses of about \$300/option, exited Nov. Soybean puts w/avg. losses of \$200/option and entered Jan. Soybean puts. Crude surged to new highs and could extend this advance into Nov. 5<sup>th</sup>. Traders should be short Cattle futures w/avg. open gains of \$2,050/contract and be holding Cattle put options w/avg. open gains of \$200/option, Cotton put options and be long Sugar futures.

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**10/20/07 SYSTEM TRADE(S) UPDATE:** Stock indices reversed lower after the NQZ gave another spike high on Friday. A drop into month-end is likely. Bonds & Notes spiked lower and then reversed higher, invalidating the potential for further downside. Traders should have exited Bond put options w/avg. losses of about \$200/option. The Dollar is poised for a spike low and reversal higher in the coming week. The Yen did reverse higher this past week and is expected to rally into December. Gold & Silver did see additional gains but are now diverging. A reversal lower is expected.

Soybeans, Corn & Wheat continue to consolidate with Soybeans capable of seeing a sell-off into Nov. Traders should be holding Dec. Wheat put options w/avg. open losses of about \$300/option and have entered Soybean puts. Crude fulfilled analysis for a continued advance but is poised to reverse lower in the coming week. Traders should have exited long Natural Gas positions w/avg. gains of about \$1,050/ contract. Traders should still be short Cattle futures positions w/avg. open gains of \$1,200/contract and have entered Cattle & Cotton put options. [www.insidetrack.com](http://www.insidetrack.com)

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**10/13/07 SYSTEM TRADE(S) UPDATE:** Stock indices - for the most part - remain in a 3-4 month range of consolidation. An additional spike high could be seen in the coming week. Bonds & Notes edged lower and could see some acceleration lower in the coming 1-2 weeks. Traders should be holding Bond put options w/avg. open gains of about \$150/option. The Dollar could extend this drop into Oct. 15--19<sup>th</sup> while the Euro rallies. The Yen could reverse higher in the coming week. Gold & Silver rallied again and could see additional gains in the coming

week. Soybeans, Corn & Wheat consolidated but could see another round of selling in the second half of October. Traders should be holding Dec. Wheat put options w/avg. open losses of about \$300/option. Crude is fulfilling analysis for another surge and could advance through the coming week. Traders should have entered long Natural Gas positions and should be holding these w/small avg. open gains. Traders should still be short Cattle futures positions w/avg. open gains of \$1,200/contract.

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**10/06/07 SYSTEM TRADE(S) UPDATE:** Stock indices rallied but many remain in a 3-4 month range of consolidation. Traders should have entered and exited S+P put options w/avg. losses of about \$600/option. Bonds & Notes reversed lower and could see additional declines in the coming 1-2 weeks. Traders should have entered Bond put options and be holding w/avg. open gains of about \$150/option. The Dollar could extend this drop into Oct. 15--19<sup>th</sup> while the Euro rallies. The Yen is diverging from both. Traders should have exited Euro put options w/avg.

losses of about \$150/ option. Gold & Silver pulled back but have not signaled a top. Soybeans, Corn & Wheat declined. Traders should be holding Dec. Wheat put options w/avg. open losses of about \$300/option. Crude consolidated but could see another surge. Traders should have exited Cotton call options w/avg. gains of \$300/option and exited long Sugar positions w/avg. gains of about \$200/contract. Traders should still be short Cattle futures positions w/avg. open gains of \$1,650/contract.

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### System Trade Updates from Weekly Re-Lay (Page 3)...

**09/29/07 SYSTEM TRADE(S) UPDATE:** Stock indices - for the most part - remain below their Sept. 19<sup>th</sup> peaks. Bonds & Notes moved slightly higher and could be setting a new intermediate low. The Dollar is falling to new all-time lows and could extend this drop into Oct. 15-19<sup>th</sup>. The Euro & Yen are in a position to rally into mid-October. Traders should have entered Euro put options and be holding them w/avg. open losses of about \$250/option. Gold & Silver continued to surge into a time frame when many inflation-related markets could peak.

Soybeans, Corn & Wheat added to recent gains. Traders should have entered & exited some Dec. Wheat put options w/avg. losses of about \$250/option while holding others w/avg. open losses of about \$300/option. Crude may have just peaked for the immediate future. Traders should be holding Cotton call options w/avg. open gains of \$700/option, short Cattle futures positions w/avg. open gains of \$100/contract and long Sugar positions w/avg. open gains of about \$600/contract.

**09/22/07 SYSTEM TRADE(S) UPDATE:** Stock indices fulfilled analysis for another 3-4 day rally and could set a top in the coming days. Traders should have exited, entered & exited short Dec. e-mini SP futures positions w/avg. overall losses of about \$500/contract. Bonds & Notes dropped further after reversing lower from 6--12 month resistance. However, a low could be taking hold. The Dollar has finally spiked to a new 40-year low and could set a major low - consistent with a variety of cycles - in September. The Euro is poised for a corresponding top while the Yen could begin to rally in the coming week.

Gold & Silver are surging into Sept. 21/24<sup>th</sup> cycles and could pull back into early-October. Soybeans, Corn & Wheat added to recent gains. Traders should be adding Dec. Wheat put options while holding others w/avg. open losses of about \$300/option. Crude is also surging into Sept. 21/24<sup>th</sup>. Traders should have entered and exited long Hogs positions w/avg. losses of about \$700/contract, be holding Cotton call options w/avg. open gains of \$1,150/option, be entering short Cattle positions and holding long Sugar positions w/avg. open gains of about \$500/contract. .

**09/15/07 SYSTEM TRADE(S) UPDATE:** Stock indices could not reverse their daily trends to down so another 3-4 day rally could be seen. Traders should be short Dec. e-mini SP futures and holding these w/avg. open gains of about \$450/contract. Bonds & Notes validated analysis for an advance into mid-September and reversed lower after testing 6--12 month resistance. The Dollar is fulfilling ongoing analysis for a decline into September and could set a major low at any time. The Euro rallied to new highs but could not confirm this advance. Gold & Silver fulfilled projections for a rally into the second week of

September and could pull back into early-October. Soybeans set new highs while Corn & Wheat experienced a week of volatile consolidation. Traders should be holding Dec. Wheat put options w/avg. open losses of about \$250/option. Crude did surge to new highs, reinforcing longer-term analysis. Traders should be holding Cotton call options w/avg. open gains of \$450/option and be entering short Cattle positions and long Sugar positions. These are currently being held w/avg. open gains of about \$200/contract and \$100/contract, respectively.

**09/08/07 SYSTEM TRADE(S) UPDATE:** Stock indices did see another day of gains and then reversed lower, right on schedule. Traders should have sold short the Dec. e-mini SP futures and be holding these positions w/avg. open gains of about \$1,750/contract. Bonds & Notes validated the scenario for a continued advance into mid-September. They are now testing 6--12 month resistance levels and approaching new monthly resistance zones. The Dollar is fulfilling ongoing analysis for a decline into September and could set a major low in the coming weeks. The Yen is validating expectations

for a new surge. Traders should have entered & exited Euro put options w/avg. losses of about \$150/option. Gold & Silver are fulfilling projections for a continued rally into the second week of September. Traders should have exited GCZ 640 put options w/avg. losses of about \$150/contract. Soybeans did stretch their rally into early-Sept. and are still expected to reverse lower before mid-month. Traders should be holding Dec. Wheat put options. Crude reversed its weekly trend back up and should surge to new highs. Traders should be holding Cotton call options.

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**09/01/07 SYSTEM TRADE(S) UPDATE:** Stock indices rallied into month-end and could see additional gains for another day or two. Bonds & Notes rallied further with Bonds reversing their weekly trend to up. Traders should have entered & exited USV 109 put options w/avg. losses of about \$200/option. The Dollar spiked down but then rebounded while the Euro reversed lower. This could be signaling that intermediate reversals are already underway. The Yen is poised for a new surge. Gold &

Silver have consolidated and could stretch this rebound into the second week of September. Traders should be holding GCZ 640 put options near break-even. Soybeans rallied further and could stretch this into early-Sept. Traders should be holding Dec. Wheat put options. Crude rallied to near-term resistance but then pulled back. It could see a quick drop to 67.50/CLZ if certain criteria are met. Traders should be holding Cotton call options. [www.insiidetrack.com](http://www.insiidetrack.com)

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**08/25/07 SYSTEM TRADE(S) UPDATE:** Stock indices rallied from their test of intra-year support at 12,511--12,580/DJIA. Add'l upside is expected. Bonds & Notes are topping and poised to see a drop in the coming week(s). Traders should have realized avg. losses of about \$200/option in USU 109 puts. The Dollar confirmed analysis for a new decline while the Euro rallied. Traders should have exited JYU put options w/avg. losses of about \$150/ option. Gold & Silver bounced but are likely to see another wave down.

Traders should be holding GCZ 640 put options w/avg. open gains of about \$250/option. Soybeans rallied a bit higher than expected. Traders should have exited SX 800 put options w/avg. gains of about \$250/option. Crude did see a bounce while Natural Gas tumbled. Traders should have exited long Sept. Natural Gas futures positions w/avg. gains of about \$150/ contract. Traders should be holding Wheat put options and Cotton call options.

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